

Therapeutic Body Concepts

**school of Massage Therapy
2 Locations to serve you!**

2009-2010

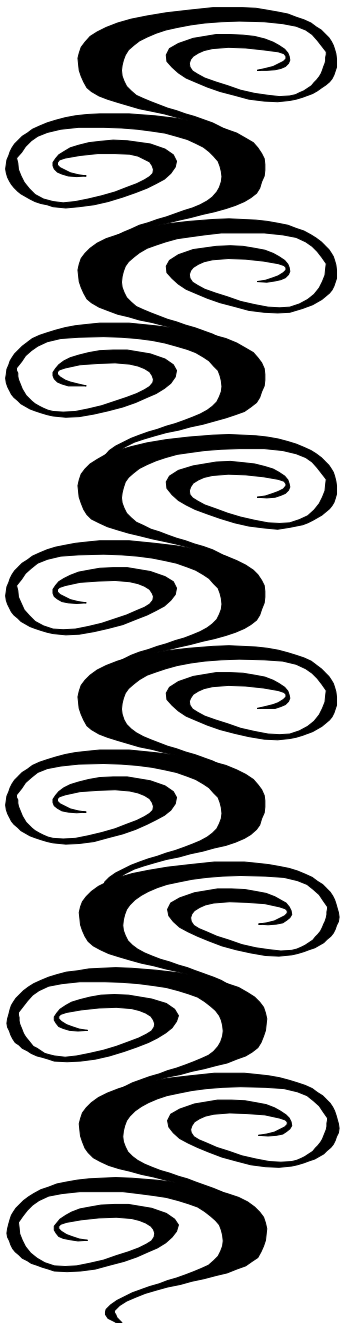
Main Campus

**5704 Evers
San Antonio, Texas 78238**

Additional Location

**6423 McPherson Road Ste #4
Laredo, Texas 78041**

Information Packet





***Therapeutic Body Concepts
established 1993***

***Licensed Massage Therapy
educational program
in the state of Texas***

Therapeutic Body Concepts in San Antonio

....is conveniently located at 5704 Evers overlooking the medical center area (Evers/Wurzbach).

The school features the following:

- Seven (7) Massage therapy rooms
- Two (2) Classrooms
- Practical Bay Areas
- Hydrotherapy Room
- Reception area
- And more....

....in Laredo it is located at 6423 McPherson Suite #4. The school features the following:

- Two (2) Massage therapy rooms
- A Classroom
- Practical Bay Areas
- Reception area
- And more....



A NOTE FROM THE DIRECTORS:

We are very proud of the people who choose to attend our school. We are happy to attract intelligent, caring, curious, and well-educated students from every occupation. Students can look forward to work that feels meaningful to them.

Students come from a variety of backgrounds - the computer industry, the arts, music, nursing, the legal profession, physical therapy, the restaurant business, construction, government, and counseling.

Some students enroll immediately upon high school or college graduation. While other students are in the process of a mid-life career change or self-development path. Our students form groups that support each other in the learning process. This atmosphere makes learning easier, more fun, and more profound.

Sincerely,

Leon Gosset & Jeanie Eskilsen
Director(s)



Mission Statement

Therapeutic Body Concepts is dedicated to providing the instruction & development skills necessary to become a licensed massage therapist (LMT) in the state of Texas.



Our goal is to provide a detailed understanding of the human anatomy & physiology and to ensure proper application of massage techniques. Student(s) are prepared to sit for the state exam which is governed by the Texas Department of State Health Services.



In addition, to follow the state laws and regulations governing massage therapists.



For questions regarding the licensed massage therapy educational program student(s) may contact:



Texas Department of State Health Services
Massage Therapy Registration Program
1100 W. 49th Street
Austin, Texas 78756-3183

Directors

Leon C. Gosset L.M.T., L.M.I.

Licensed Massage Therapist	#6445
Massage Therapy Instructor	#0332

Jeanie Esckil sen L.M.T., L.M.I.

Licensed Massage Therapist	#2777
Massage Therapy Instructor	#0203
Certified Neuromuscular Therapist	

Sylvia Villarreal

Licensed Massage Therapist	#043600
Massage Therapy Instructor	#2138
Certified Neuromuscular Therapist	



Employment Opportunities

A career as a Licensed massage therapist (LMT) in the state of Texas offers the student the flexibility to practice massage therapy on either a part-time or full-time basis.

To maintain the licensing once a student becomes a Licensed Massage Therapist (LMT) the state requires a \$117.00 fee and 12 hours of Continuing Education (CE) for two (2) years.

Learn the skill of massage therapy while you continue to work. The basic level class allows you to enhance your current healthcare or personal services profession.

Massage Therapy is sought out as much for its deeply relaxing effect, as for its impact on physical tension. The relaxation industry is growing rapidly. Below is a sampling of potential employers for Licensed Massage Therapist (LMT):

- Hotels
- Resorts
- Health Spas
- Salons
- Cruise Lines
- Physical Therapy Offices
- Chiropractic Offices
- Gym/Fitness Center
- Hospitals
- Physicians
- Athletic Trainers
- Business/Corporation (On-Site Chair)



Student Internship Program

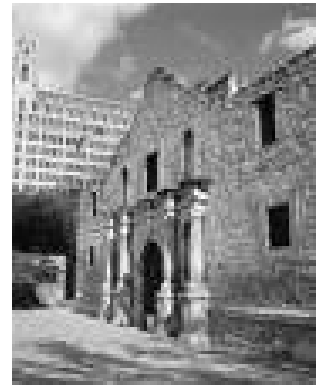


- Each student works a shift.
- All appointments are scheduled & verified by the front desk.
- Semi-private/Private bays are used by students creating a professional work environment.
- All supplies for Internship massages is provided by the school.

Class Structure

Basic Level I consists of 500 clock hours which includes both theory and practical application.

Swedish Massage Techniques	200 hours
Business and Ethics	45 Hours
Anatomy, Physiology	75 hours
Kinesiology	50 hours
Pathology	40 hours
Health/Hygiene	20 hours
Hydrotherapy	20 hours
Internship	<u>50 hours</u>
TOTAL	500 HOURS



FLEXIBLE SCHEDULES TO FIT BUSY LIFESTYLES

Day Classes	2X per Week	9:00 am to 1:30 pm	(12 Months)
Evening Classes	2X per Week	6:00 pm to 10:30 pm	(12 Months)

Week-end Classes	9:00 am to 6:00 pm		
	Saturdays		(12 Months)
	Alternating Week-ends		(12 months)

Day Classes	3X per week	9:00 am to 1:30 pm	(8 Months)
Afternoon Classes	3X per week	1:30 pm to 6:00 pm	(8 Months)
Evening Classes	3X per week	6:00 pm to 10:30 pm	(8 Months)

Additional 200 Clock hour Course

Day Classes	2X per Week	9:00 am to 1:00 pm	(6 Months)
Evening Classes	2X per Week	6:00 pm to 10:00 pm	(6 Months)

Class Segment Description

Lecture is the first part of the class. Instructor's are friendly & ready to help the student(s) learn by using various methods & teaching aids. After lecture, the student then has a break. In the second part of class, the student goes into practical application of the massage techniques. When possible the Instructor will tie the lecture portion of the class to the Practical segment.

The student(s) then pair off & work in the bay areas: one (1) student works as the Therapist & the other is the Client. Halfway through the practical segment student switches places.



Cost

Application Fee (Non-Refundable)	\$ 150.00
Books & Supplies	\$ 480.00
Tuition	<u>\$4,250.00</u>
TOTAL COST	\$4,880.00

Cost includes everything that the Student needs for class except for a set of scrubs that are required to be worn while in the facility. On average cost is \$17 on the tops and \$17 on the bottoms.

Payment Plans

For in-house financing add \$200.00 total. To register for any of the classes offered the student will be required to make the first payment listed.

8 Month Class Payment Plan

- 8 payments @\$610.00 per month
- 9 payments @\$542.22 per month
- 10 payments @\$488.00 per month

13 month Payment Plan

- 13 payments @ \$375.38 per month
- 14 payments @ \$348.57 per month
- 15 payments @ \$325.33 per month



- Monthly Payment plans are available
- Major Credit Cards, checks, cash, certified check or money order are all accepted for payments.
- Tuition & Fees cover everything that the student needs for class except for a set of Scrubs that you are required to be worn to class.
- No Transcript will be released before the final payment is made.

BOOKS & SUPPLIES

The following items are included in the Books & Supplies for the class:

- Book: Susan G. Salvo Massage Therapy Principles and Practices 4th edition
- Set of Sheets: (1) Flat (1) Fitted
- Hand Towel
- Gown
- Spiral Notebook
- Pen, Pencil, Highlighter
- Backpack

Alcohol Gel is provided in the classroom areas for disinfecting hands.

All the Biotone cream is used during the course & Internship massages.



Benefits of our Program

- From the first day of class student(s) are learning hands-on techniques.
- No specific uniform is required, just a set of scrubs any color or any pattern.
- No specific shoes, just comfortable supportive shoes.
- We provide all of the Biotone massage cream for your in class massages, as well as your student Internship massages.
- Up to 30 hours, there are no additional charges for make-up hours.
- There are no linen fees, or miscellaneous fees charged to the student.
- Continuing Education (CE) workshops available.



DEEP TISSUE MASSAGE TECHNIQUES SPORTS & EXERCISE MASSAGE

3 Month Class Limited Class Size
Professional Skills Level IV

This level consists of 100 hours of several complimentary techniques with therapeutic routines for specific conditions.

- Interpersonal Skills
- Deep Tissue Massage
- Sports & Exercise Massage Therapy



Advanced Continuing Education Workshops:

On-Site Chair Massage

Therapeutic Stone Massage

Neuromuscular Therapy #1 Anterior/Posterior

Neuromuscular Therapy #2 Hips & Legs

Neuromuscular Therapy #3 Shoulders & Arms

Business Marketing

Pregnancy/Infant Massage

Stone Massage Therapy

